

### **Covid-19 guidelines:**

We are currently working hard to provide safe outdoor activities within the UK government guidelines . To make this work we need your help, so please read the following instructions and help us keep staff and visitors safe.

- **All activities** must be pre-booked online before attending site
- Please do not visit Box End Park if you have Covid-19 symptoms, or have been in contact with anyone who has contracted the illness
- Please do not arrive on site more than 30 minutes before your booked activity time
- Please do not remain on site for more than 30 minutes after your activity, unless you are using the cafe or bar/restaurant
- The changing rooms are currently closed. Please arrive on site ready changed, change in your car or use a changing poncho
- The outside toilets (accessed from the decking by the kit store) are available for use and will be cleaned frequently
- Please observe social distancing rules at all times to protect our staff and other customers
- We ask that you don't bring your own picnic to site
- For all watersports please make your way from the car park, round the left hand side of the main building to the outdoor check-in.

### **If you are swimming:**

- You must be an experienced open water swimmer (able to swim at least 800m without rest)
- If you have any medical condition which may impact your ability to safely participate then please do not visit at this time
- Please understand that the lake is a natural environment with slippery banks and rocks underfoot. There are buoys and ramps in the water that will need to be avoided – not happy? – stick to the pool
- Note that we will be operating with a single safety observer at the start dock- **This is not a fully lifeguarded experience.** If you are not a competent swimmer ,with open water experience then you should not swim at this time
- If you find yourself in trouble turn right and swim to the nearest outside bank. Keep an eye on your fellow swimmers
- Please enter the water from the indicated start point. If someone is in front of you, wait behind them on one of the 2m spot marks, until the space in front is clear
- On entering the water take a few strokes into space to clear the start area whilst you are acclimatizing and getting ready to swim
- Swim in the normal anti-clockwise direction under the cable line (800m per lap)
- Keep an eye on your position and that of other swimmers at all times, maintaining a 2m gap at all times
- Sessions are limited to 1 hour in the water in order for us to allow as many people to participate as possible

**If you are going on the Aqua Park:**

- The Aqua Park is an action packed activity. You will slip and fall during your session. If you are not comfortable with this or have any pre-existing health conditions which may effect your ability to safely participate, then you should not take park.
- On arrival please follow the signs to the outdoor check in area no earlier than 30 minutes before your allotted time
- After you have changed make your way to the briefing area at the Aqua Park entrance. One of the life guard team will provide a safety briefing.

**If you have a Cable tow Session booked:**

- Cable tow riding is a dynamic sport which will involve falls at speed. You must be fit and healthy, without pre-existing conditions which may effect your ability to safely participate.
- Please follow the signs to the outdoor check in area no earlier than 30 minutes before your allotted time. If you've not ridden at the Box End Park cable tow before you should make a staff member aware so that you can watch the safety video
- Once changed make your way to the dock and put your board on, keeping at least 2m from the rider in front
- When your session is completed, please change and leave the site immediately.

**If you have booked a Stand Up Paddleboard:**

- Paddleboarding is an action packed activity. You will slip and fall during your session. If you are not comfortable with this or have any pre-existing health conditions which may effect your ability to safely participate, then you should not take park.
- Participants should be able to swim 50m, be over 10 years old to take a board out on their own and must wear a buoyancy aid at all times
- On arrival please follow the signs to the outdoor check in area no earlier than 30 minutes before your allotted time
- After you have changed make your way over the bridge to the beach area where a staff member will brief you on the session

**If you have a Boat Waterski booked:**

- Please make your way to the boat dock area directly from the car park no earlier than 30 minutes before your allotted time
- Do not walk down the dock until the previous skier has climbed out the water and returned to the land with their equipment
- We will not be allowing passengers in the boat at this time



## **box end park**

- If you are using your own line, please throw the rope end to the driver, if you are using the club handle then please don't touch this with bare hands, wait until you have your gloves on

### **Cancellations:**

**Please note that we are unable to offer monetary refunds on booked sessions due to non recoverable credit card and booking fees we incur.**

**If you contact us 72 hours before a booking we can offer to reschedule or credit your Box End Park account. If you cancel nearer an activity time we will only be able to provide a credit if we can resell your slot**

Stay safe and if you have any questions, please don't hesitate to contact the Box End Park team.